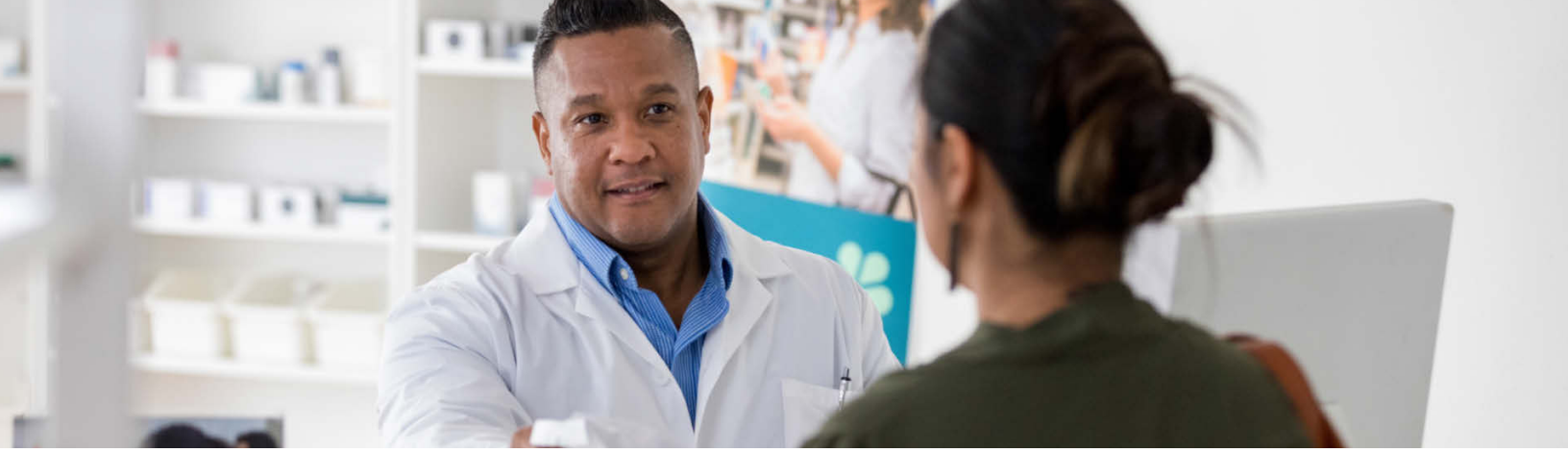


Pharmacy benefits

Reliable prescription drug coverage

Having the right medicine at the right time can make a big difference in your health and well-being. We're here to help you access the medications you need, when you need them, while also helping you save money.

Your plan covers:

- Generic and brand-name prescription drugs on your medication list.
- Certain preventive drugs at lower or no additional cost to you.
- Most specialty drugs required to treat complex or chronic conditions.

Coverage requirements

Certain medications require you to take other steps before your plan covers them.

- **Prior authorization, also called preapprovals:** To make sure the medicine you're prescribed is safe and appropriate, we coordinate these prior authorizations with your doctor, so you don't have to do anything.
- **Step therapy:** You may need to try other medicine before we can cover the one your doctor prescribed.
- **Quantity limits:** To help protect your health, your plan may limit how much medication you can receive each month.
- **Dose optimization:** If a higher strength is available, you may be able to switch from taking multiple doses to a single dose each day.

Review your drug list

Your plan uses a drug list, also called a formulary. It includes hundreds of generic and brand-name prescription drugs to treat all types of health concerns. They're all covered by your plan. Choosing a medicine on your drug list may help lower your cost compared to paying out of pocket for medicines that aren't covered. If your medications are not covered, you'll see other options.

Visit:

- **https://fm.formularynavigator.com/FBO/143/National_3_Tier_ABCBS.pdf**

- **90-day supply:** If you take maintenance medication for ongoing conditions like asthma, diabetes, or high cholesterol, your plan may require that you set up a 90-day supply at a local pharmacy or through CarelonRx Pharmacy home delivery.

To understand pharmacy benefits:

- Check your medication list to see if your prescriptions are covered.
- Use the Price a Medication tool on **Sydney® Health** to find discounts and compare prices in your plan's network.
- Find a pharmacy in your plan's network to save money and avoid out-of-pocket costs..
- Learn about home delivery options, including CarelonRx Pharmacy, which connects your prescriptions and health benefits in one place. Our home delivery service makes it easier to manage the medications you take most often - while helping you save time, stay on track, and lower costs.
- Get more information on our specialty pharmacy. Most specialty drugs are covered if you need them.

Your pharmacy options

You have choices for filling your prescriptions, including local retail pharmacies in your plan's network and convenient home delivery with CarelonRx Pharmacy. If you use a specialty medicine, it will need to be filled through a specialty pharmacy.

The **Base Network** is our most broad retail pharmacy network, including nearly 60,000 pharmacy locations nationwide. To find a pharmacy, visit **anthem.com/pharmacyinformation/rxnetworks.html** and choose the Base Pharmacy Network list.

Understand specialty pharmacies for complex or chronic conditions

Specialty medicines are handled through either your pharmacy benefits or medical benefits, depending on how you take the medicine.

Specialty medicines covered through your pharmacy benefits are usually shipped to your home, your doctor's office, or another location your care provider selects.

Medically-administered specialty medicines are covered under your medical benefits. This includes medicines given through infusion, which are typically provided at an infution center or outpatient facility, but can also be provided at home. Your care provider will help determine where you receive this type of medicine.

Check your plan details to understand which type of specialty coverage applies to your medicine.

Save with a 90-day supply

Rx Maintenance 90: After 2 30-day refills of medicine you take regularly, you'll be required to switch to a 90-day supply. Maintenance medicines can vary in amounts. Fill your 90-day supply with CarelonRx Pharmacy — our home delivery service — or a Rx Maintenance 90 retail pharmacy.

Skip monthly trips to the pharmacy with our 90-day benefit

You can even save money!

Not one for going to the pharmacy every month and standing in line to refill your prescriptions? There's no need. With our 90-day benefit options, you'll have the convenience of getting the medicine you need with fewer trips to the drugstore. You can even have it delivered to your door!

Here's something else that's great: When you get a 90-day supply of your medication, you're more likely to stay on track with your therapy and avoid emergency room visits, hospital stays or tests that may be needed when you miss doses.*

Best of all? This benefit is offered at no extra cost to you.



90-day fill required after two courtesy fills (30 days)

Rx Maintenance 90: Save time, stress and money!

Refill your prescriptions for a 90-day supply of maintenance drugs through Rx Maintenance 90. Maintenance drugs treat long-term conditions like asthma, heartburn or diabetes. Depending on your plan, you may even save on the cost of your prescriptions compared to what it would cost for three 30-day supplies.

When you use your Rx Maintenance 90 benefit, you must fill prescriptions for maintenance drugs at a Rx Maintenance 90 pharmacy, or through home delivery. Whether you choose a Rx Maintenance 90 pharmacy or home delivery, you'll pay the same home delivery copay! It's easy and convenient.

There are more than 25,000 pharmacies to choose from. Here's how to find one near you:

- Log on to anthem.com and choose **Pharmacy**.
- On the *Pharmacy* page, choose **Find a Pharmacy**.
- Enter your ZIP code or city.

On the go? Use the Sydney app to find nearby pharmacies.

Just download the app and log in. Next, choose **Prescriptions** and then **Find a Pharmacy**.

Start using your 90-day prescription benefit today and spend less time at the pharmacy!

* Schwab P et al. A retrospective database study comparing diabetes-related medication adherence and health outcomes for mail-order versus community pharmacy. ***J Manag Care Spec Pharm***, 2019 Mar;25(3):332-340.

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